

# **Jewish Family & Children's Service**

## **Of Southern Arizona**

**Press Release  
For Immediate Release**

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## **JFCS Provides Services to the Community During the Holidays**

**Jewish Family & Children's Service of Southern Arizona (JFCS)** provides an extensive array of counseling and social support services, which can be vital to area residents during the holiday season. Often times, elder residents or young families may be isolated and lonely during the final few months of the year. In order to counter the risk factors that might lead to depression, or greater substance use as a coping mechanism, JFCS provides counseling services to eligible community members at low cost throughout the year.

Specifically, JFCS programs serve adults and children around issues such as depression, couple and family dynamics, domestic violence, trauma, and substance use. JFCS therapists provide support to various populations including seniors, at-risk youth, domestic violence survivors, single parent families, as well as divorced and interfaith families. JFCS programs are not only focused on serving the behavioral and emotional health and well-being of clients but also address the unique cultural dynamics which may play a part in the holistic health of the client and their family. Highly trained and compassionate therapists handle each client with dignity and respect in order to sustain long-term positive results.

If you or someone you know is in need of counseling or support services, please contact JFCS at 520-795-0300. You may also contact us by email at [intake@jfcstucson.org](mailto:intake@jfcstucson.org).

For more information on our list of services, please visit our website at: [www.jfcstucson.org](http://www.jfcstucson.org)

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