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# Jewish Family & Children's Services OF SOUTHERN ARIZONA

## JFCS JOURNEY

*Enriching Lives,  
Inspiring Hope for All*



### Agency's Medical Equipment Program Recruiting Volunteers to Work in New Location

The Tucson Loan Chest -- a JFCS program that sells gently used, affordable durable medical equipment -- is about to get a new name and a new location. The program will relocate from the Community Food Bank building on South Country Club to a more centralized one at Pima Street and Alvernon Way. The new venue will be a retail store and JFCS is recruiting for volunteers with good customer service skills to process sales and perform administrative tasks. Also needed are volunteers who are handy with tools to refurbish and clean the donated equipment. Volunteer shifts are a minimum of two hours at least once a week.

Learn more about the program and how you can help at a special Volunteer Information Session, on June 23 at 3:30 p.m. at JFCS' offices at Fifth Street and Columbus Boulevard. Register on our [Facebook](#) page or contact [Jennifer Power](#) (795-0300, ext. 2212).

### Volunteer Spotlight Iris Zlatnick's 'Happy Voice' Gives Callers New Hope

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to Work With Medical Equipment

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CHAI Circle Brings Hope to Many

### Quick Links

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[Low-Cost Medical Equipment](#)

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Volunteers Donated  
Their Time in May  
Sixty-four community  
volunteers donated 526 hours  
of service to JFCS last  
month.

This month we focus our Volunteer Spotlight on Iris Zlatnick, who helps the Emergency Financial Assistance program with intake, data retrieval, documentation, follow up and status updates. She also conducts financial reviews of requests for assistance from families and individuals. "It is important that staff has such assistance to be sure every request



"The opportunities to help are limitless," says Iris.

is responded to by a warm body within 24 hours," Iris says. As a life coach and former career-services trainer, she also helps clients trying to return to the workforce.

What Iris enjoys about being a JFCS volunteer is working with the clients. "I love resolving their issues in a positive manner, after they thought there was nowhere else to turn. I like to be that happy voice on the other end of the phone." She adds, "I am motivated to help people in crisis to resolve their situations and to help people gain the knowledge and

support they need to better their lives."

A former teacher who also holds a master's degree in psychology, Iris started volunteering at JFCS six months ago, averaging 11 hours a week. Because of a job change for her husband Stanford, the couple recently relocated to Tucson, where they had lived 12 years ago. "We loved Tucson before and are happy to be back."

This hard-working volunteer says she chose to bring her talents to JFCS "to help the community at large as well as the Jewish community. The Agency is well thought of in the community for serving all ethnicities." Iris also likes that JFCS helps the entire community through collaborations guided by Jewish values. "This volunteer work is me, doing my childhood 'tzedakah' on a grander scale. It's what we should all do - help others!"

"No matter where you volunteer at JFCS, there are wonderful opportunities to help the public," Iris says. "The staff are open to ideas and suggestions from volunteers and really do embrace you like family. The opportunities to help are limitless."

If you would like to volunteer at JFCS, please contact [Jennifer Power](#) at 795-0300, ext. 2212.

## CHAI Circle: Cancer, Healing and Inspiration for Jewish Women

Nine years ago this month, CHAI Circle was established as a way for Jewish women cancer survivors to combine spirituality with healing to strengthen their ability to face their challenges. It began as a collaboration between JFCS and the Jewish Federation of Southern Arizona's Women's Division. This peer-support group empowers and inspires its members to be active, informed consumers and survivors in their healing of mind, body and spirit. The goals are education, mentoring, socialization and support.

CHAI Circle meets regularly at JFCS as well as other community locations. A professional facilitator and program coordinator, therapist Andrea Siemens, encourages members to share their thoughts and feelings. The meetings vary in format and often feature a rabbi to offer prayer and inspiration, other therapists and informative workshops on healthy living. Each year the group goes on an educational and inspirational retreat. For more information, contact [Andrea](#) at JFCS at 795-0300, ext. 2365.

Of that total, 342 hours were given by regular volunteers. The fair market value of their labor is \$5,077.

JFCS Board members donated 140 hours and 44 hours were donated by community members serving on committees.

## June is Philanthropy With Phlavor Month!

If you love to eat at Pastiche Modern Eatery -- and who doesn't? -- and you love JFCS, there is still time in June to combine these two loves by eating at the restaurant and designating JFCS.

Here is how the 11-year-old, award-winning program works. Eat at Pastiche and simply tell your server that you would like to support JFCS. Five percent of your bill's total (before tax, discounts or gratuity) comes back to JFCS in the form of Philanthropy With Phlavor gift cards.

Pastiche is located at 3025 N. Campbell Ave. For more information, visit [Pastiche's](#) web page.

Jewish Family & Children's Services of Southern Arizona  
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*JFCS accepts Medicare, most major insurances and  
offers a sliding-scale payment option for counseling services.  
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