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JFCS
JOURNEY
*Enriching Lives,
Inspiring Hope for All*



**Select Care: A Beacon
Of Hope**

Nearly 7 million Americans care for older relatives or friends who live at least an hour away and on average, are 300 miles away. Their children face continual worry

Quick Links

- **Visit JFCS Online**
- **Volunteering**
- **OneStop**
- **Select Care**

wondering how their parents are faring with even the simplest of tasks. Worse still is the situation of older adults who have no family and must face illness and disability in isolation.

Fortunately, here in Tucson, JFCS' **Select Care** is available for older adults and people who suffer from chronic illnesses or live with physical or developmental disabilities, providing personalized in-home care services to help them be safe, secure and independent.

Select Care clients range in age from 26 to 93, according to Pattie Martin, Select Care Manager. Each client receives an individualized care plan, which might include arranging and monitoring in-home help or other services; review of financial, legal and medical issues; providing consumer education and advocacy. "Our services can be as basic as accompanying someone to a medical appointment to being like a 'daughter,' arranging housekeeping services, paying bills and supervising caregivers. No one else in town offers financial, conservatorship and guardianship services under one roof."

Backed with JFCS' 70-year tradition of caring for others, Select Care offers the peace of mind family members need when they are caring from a distance.

JFCS Volunteer of the Year

Art Goldberg... Volunteer of the Year!

Art began his term of service with JFCS in 2005, where he joined the Board of Directors. Since then, he

- **Tax Credit**
- **Donate**

The Energy Behind Select Care

Pattie Martin, Select Care Manager, is a dynamo of positive energy. With her contagious enthusiasm, she helps lift the spirits of her clients with every interaction.



Select Care Manager Pattie Martin

Pattie's varied career path has honed the skills she now uses to help her clients navigate such confusing and frustrating processes like legal affairs, finances, medical issues, and just plain life management. She received her Masters in Counseling & Guidance from the U of A. Her early career was spent as a guidance counselor in the Tucson and Catalina Foothills Unified school districts. She then moved on to helping her husband with the family business, where she built her fiduciary, real estate and contracts experience.

She has a black belt in Tae Kwan Do, enjoys yoga, spending



Art Goldberg

has logged upwards of 3,000 volunteer hours. He currently serves as coordinator for JFCS' annual project, Matza and More. He also dedicates 20 hours per week at the JFCS OneStop Home Medical Equipment Center, repairing and sanitizing donated medical equipment. Says Tim Boling, OneStop's Manager: "When Art sees a need, he addresses it. He doesn't just assume that someone else will do it. He goes above and beyond to get the job done."

Congratulations to Our Employee of the Year

JFCS boasts one of the most vibrant, committed staffs around. From the compassionate therapists to the brightest accounting team possible, singling one staff member out for special recognition was not easy. But Debbie Crowder, this year's recipient, stands out as a tireless representative of JFCS' values and mission. As Case Manager for our Emergency Services Program, Debbie responded to an unprecedented increase in people appealing for help to pay their rent or feed their families, with compassion and dedication on their behalf to meet their needs.



*2011 Employee of the Year
Debbie Crowder, left, with
JFCS President & CEO
Shira Ledman.*

time with her daughter, attending the theater and cheering on the Wildcats. Says Pattie, "It's a pleasure to help take care of my clients." No doubt that working with Pattie is a pleasure for them, as well.

OneStop Celebrates New Name and Location

On October 27 we cut the ribbon marking the official opening of JFCS' OneStop Home Medical Equipment Center, formerly the Irving Greenfield Tucson Loan Chest. Located at the corner of Alvernon Way and Pima Street, OneStop provides affordable donated medical equipment such as walkers, wheelchairs, hospital beds and shower bars. We were delighted to welcome one of the original founders of what started out as the Sick Room Loan Chest in 1954, Betty Holpert.



*Betty Holpert, who co-founded the
Tucson Sick Room Loan Chest in 1954,
reminisces at the OneStop Grand
Opening.*

If you would like to donate - or are in need of - home medical equipment, email **OneStop** or visit our **website** to learn more.

**Arizona 2011 Tax Credit:
Charitable Giving That Costs You
Nothing...
and Means Everything!**



***JFCS Board of Directors
Starts New Term***



**Meet the JFCS Board of
Directors for FY 2012!**

*Back Row from left: Gerry Sapin,
Edmund Marquez, Sheldon Trutbatch,
Bill Addison, Bruce Beyer. Second Row:
Holly Shenitzer, Rabbi Shafir Lobb,
Nancy Robertson, Sharla Shane. Front
row: Outgoing Board Chair Liz Weiner-
Schulman, 2012 Board Chair Jill
Rosenzweig, Gloria Alvillar. Not pictured:
Harold Bongarten, Sara Cohen, Jake
Wycoff.*



[Join our Mailing List!](#)

You can make a difference in the lives of Tucson's working poor families with a 2011 tax credit donation that will cost you nothing. If you donate to JFCS by December 31, you can claim a tax credit for 2011 that reduces dollar-for-dollar what you'll have to pay in Arizona income tax. Couples filing jointly can reduce their state tax bill by up to \$400; single filers will see a benefit of up to \$200. You may also claim your donation as a charitable deduction on your federal income tax return.

The Arizona Charitable Tax Credit is completely separate from the Private School Tuition and Public School Activity tax credits - you may participate in any or all three if you choose.

You'll need to complete AZ Tax Form 321 and include it with your state tax return. Before making your tax credit contribution, please consult with your own professional advisor to see if this opportunity is beneficial to your situation.

JFCS services like OneStop Home Medical Equipment, Counseling and Emergency Financial Assistance provide a safety net for Tucson families who are barely getting by. Your donation will help! For more information, click on the link below, or call our development office at 520-795-0300, Ext. 2238. To donate through our [secure website, click now.](#)



Jewish Family & Children's Services of Southern Arizona



is accredited by the Council on Accreditation



*JFCS accepts Medicare, most major insurances
and offers a sliding-scale payment option.
Reach us at 520-795-0300.*

*Our thanks go out to JFCS Volunteer Joanne Rainbow for design and layout of this
month's issue of Journey.*



Claims Conference
The Conference on Jewish Material Claims Against Germany

ועידת התביעות

*Social services for Nazi victims have been supported by a grant
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